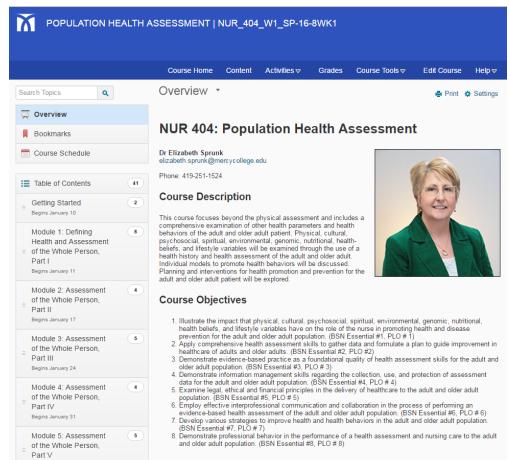
NUR 404 8WK Population Health Assessment

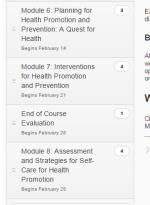
I designed this 3 credit hour course in the summer of 2015 to run fall of 2016. This is a total redevelopment of an existing course due to curriculum changes, new book, and new research.

The course design is collaboration between myself and the SME/faculty developer. She is an experienced SME and faculty developer for an online course. She has taught many courses both on land and online for Mercy for many years.

This document includes screen shots of the overview, table of contents, and modules one and two.



Welcome!



Each week a new module will open on Sunday at 12:01 a.m. Eastern Standard Time. Access for dropboxes, discussions, and quizzes will close at 11:59 p.m. on the due date listed in each module's introduction.

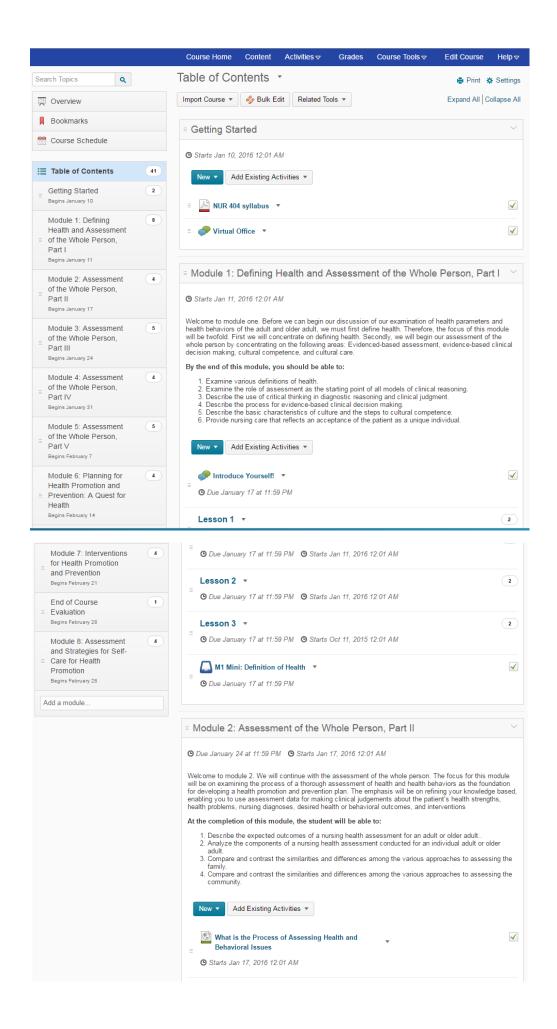
Brightspace by D2L Orientation in Campus Connection

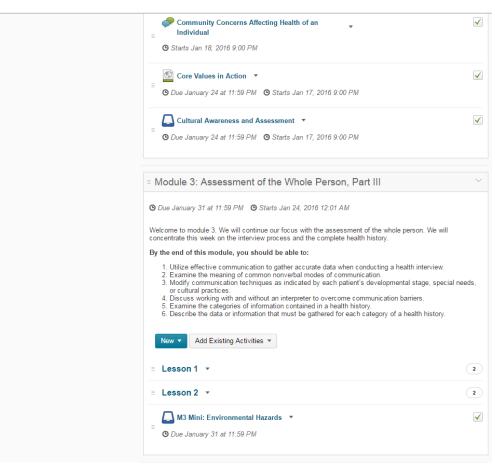
All students should self-enroll in Campus Connection and complete the Brightspace Orientation during the first week of this class. There you will find information on getting help with Brightspace and recommended downloads to optimize your system. You can access the Campus Connection materials anytime from the Student Resource box on both the Brightspace Home Page and your Course Home Page.

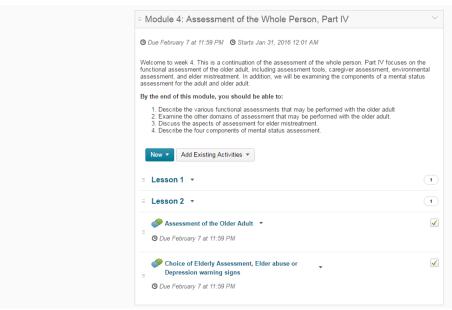
What are you waiting for? Get Started!

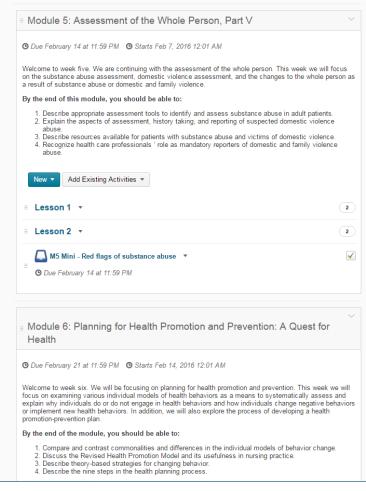
Check out the Getting Started module for your syllabus, a link to the Virtual Office, and more! Then head over to Module 1 to start your first lesson!

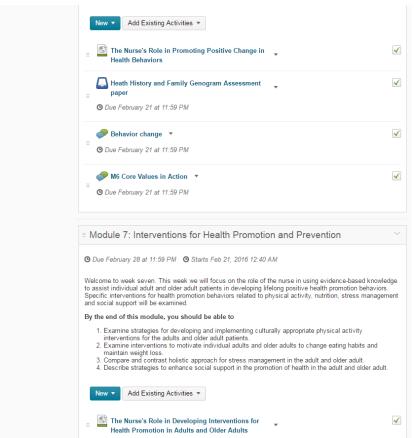
> Add Attachment

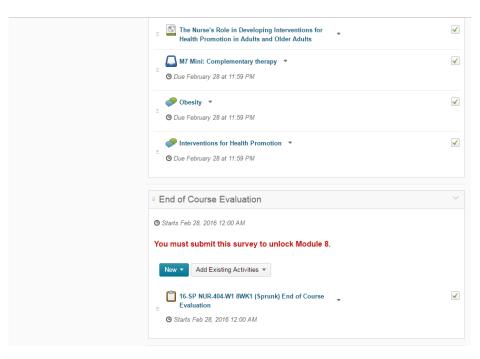


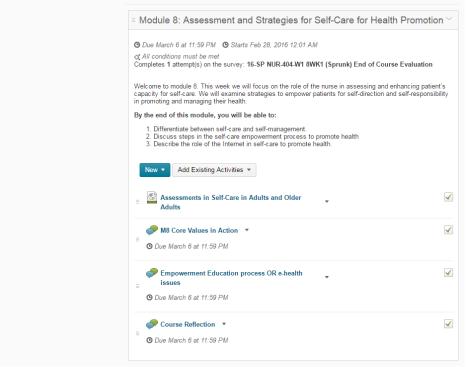


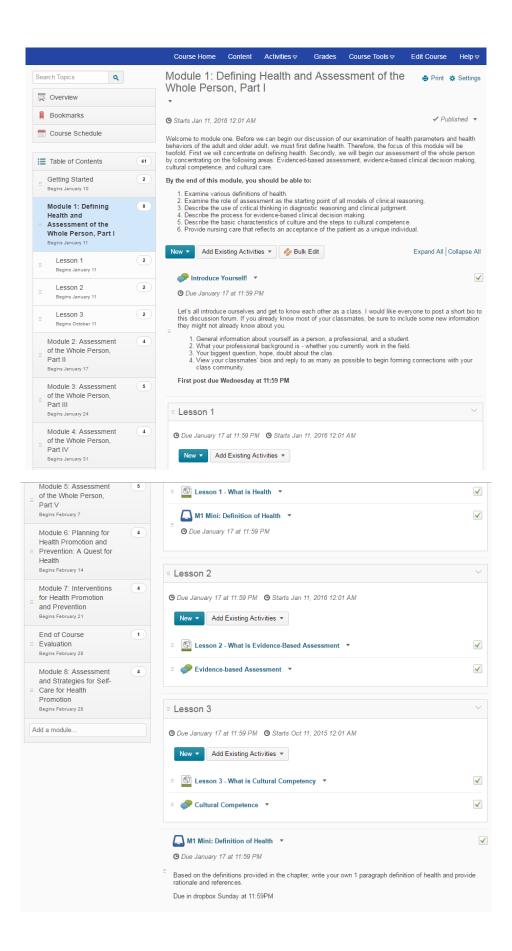


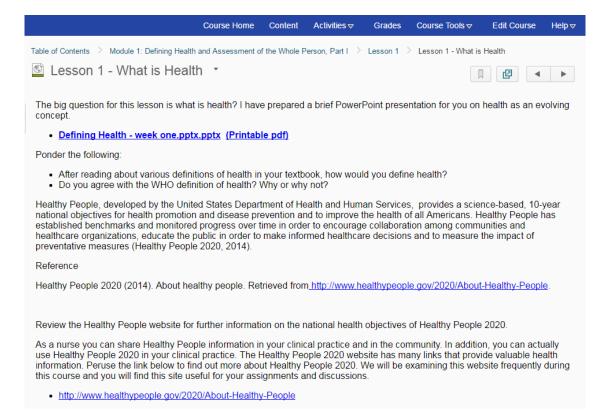












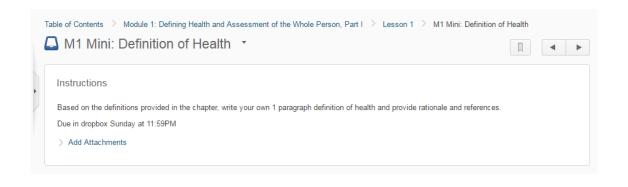


Table of Contents > Module 1: Defining Health and Assessment of the Whole Person, Part I > Lesson 2 > Lesson 2 - What is Evidence-Based Assessment

Lesson 2 - What is Evidence-Based Assessment

Read chapter 1 in Jarvis

The big question for this lesson is what is evidence-based assessment?

Review the PowerPoint for Chapter 1 in Jarvis.

Chapter 1-powerpoint.pptx (Printable pdf)

Review the question and answer PowerPoints created for you for Chapter 1 in Jarvis.

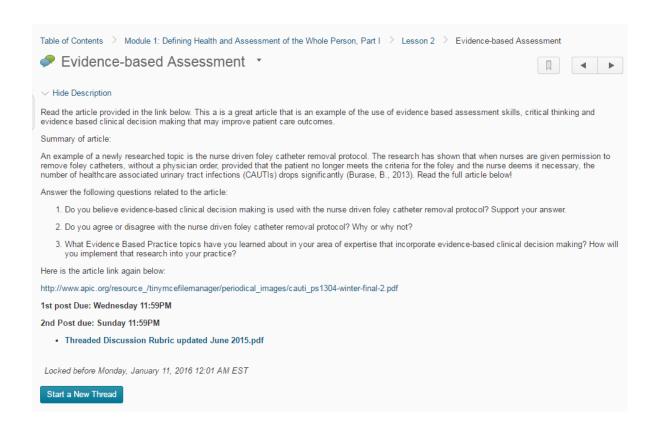
Questions and Answers for Chapter 1.pptx

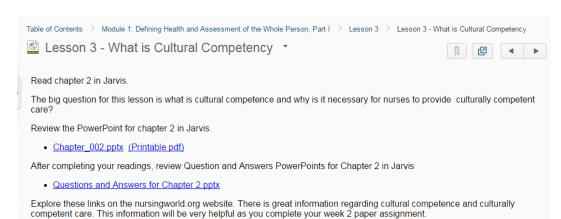
Explore nursing world.org website for the latest evidence-based care topics:

• http://www.nursingworld.org

In addition read the following evidence-based practice article by clicking on the link below. We will be discussing this article in threaded discussion one.

http://www.apic.org/resource_/tinymcefilemanager/periodical_images/cauti_ps1304-winter-final-2.pdf

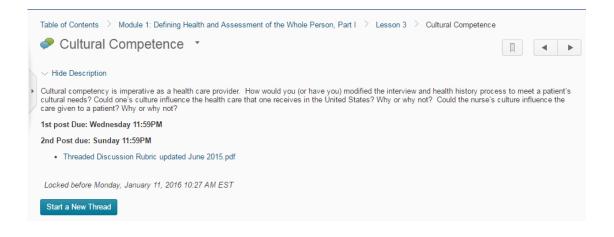




- http://erc.msh.org/mainpage.cfm?file=5.4.0.htm&module=provider&language=English
- http://nursingworld.org/MainMenuCategories/ThePracticeofProfessionalNursing/Improving-Your-Practice/Diversity-Awareness/Race-Ethnicity/Culturally-Specific-Tools.html

Explore the Office of Minority Health website. This website offers much information on cultural competence. There is a great link to cultural competency and a free online course you can register for.

• http://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=2&lvlid=53



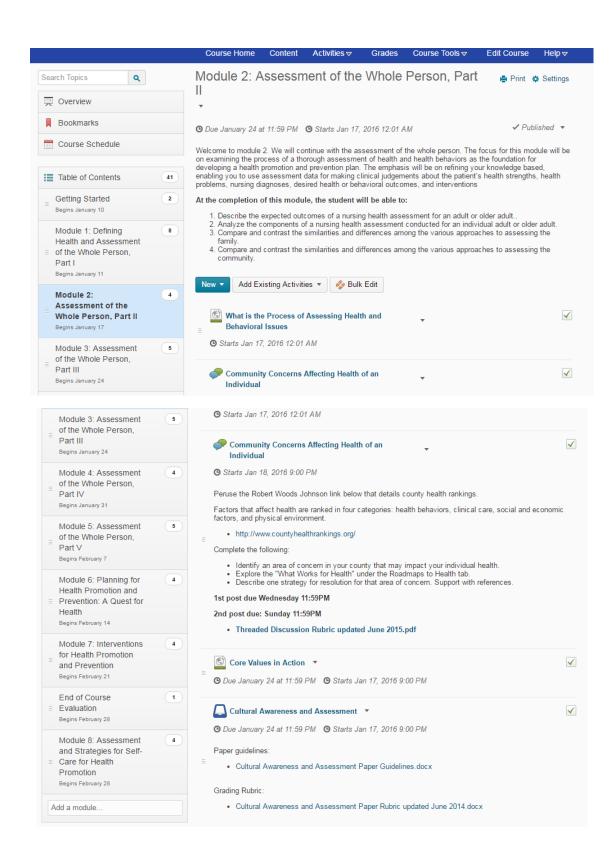


Table of Contents 💚 Module 2: Assessment of the Whole Person, Part II 💛 What is the Process of Assessing Health and Behavioral Issues

What is the Process of Assessing Health and Behavioral Issues

Read:

- · Chapter 4 in Pender, Murdaugh and Parsons
- Chapter 11 in Jarvis
- Chapter 10 as needed.

The big question for this lesson is what is the process for assessing health and health behaviors of an individual, family, and community and how data gathered from those assessments is used to promote desired health and behavioral outcomes for the adult and older adult?

Review PowerPoint Assessing Health and Health Behaviors

Assessing Health and Health Behaviors - week two.pptx (Printable PDF)

Review Jarvis chapter 11 PowerPoint

Chapter 011.pptx (Printable pdf)

Please read the two following articles:

- · Ethical issues of incorporating spiritual care into clinical practice.pdf
- Spiritual Assessment in Mental Health Recovery.pdf

Websites to review:

In addition, theses websites provide information that will be very useful as you work on your week 6 paper assignment.

The the website below on nutrition offers valuable information.

• http://www.healthypeople.gov/2020/topics-objectives/topic/nutrition-and-weight-status

Review the website below on assessing your weight. A variety of assessment strategies are provided.

http://www.cdc.gov/healthyweight/index.html

If you are interested in family nursing, here is a great website to review:

http://internationalfamilynursing.org/online-community/

Sleep health is a very important aspect of an assessment of the whole person and is often overlooked. Review the Healthy People 2020 website below on sleep health. There is much information on health effects due to inadequate sleep health.

• http://www.healthypeople.gov/2020/topics-objectives/topic/sleep-health

Review the website below and assess your own physical activity levels. This will give you a good idea of your own physical fitness.

• http://www.shapeup.org/fitness/assess/index_assess.html

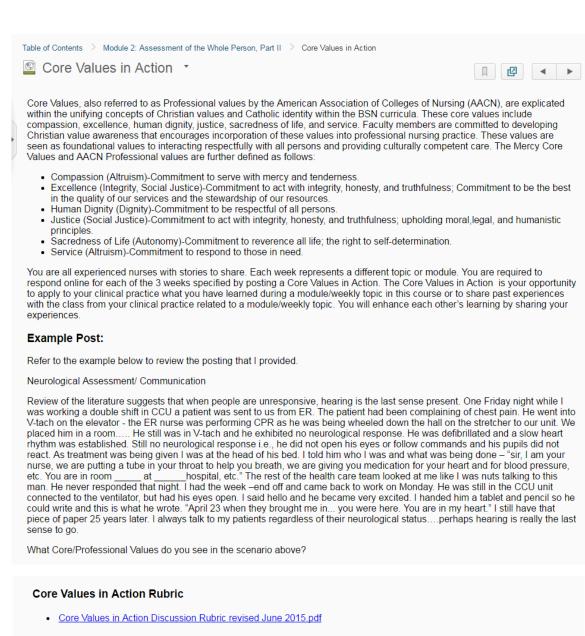
Spiritual health is a critical area for assessment in a holistic approach to health. If you are interested in exploring more about this topic, here are two great articles on this topic.

- · Ethical issues of incorporating spiritual care into clinical practice.pdf
- Spiritual Assessment in Mental Health Recovery.pdf

Required website to review:

Review the Robert Woods Johnson website. We will be discussing this in more detail in threaded discussion one.

http://www.countyhealthrankings.org/



♦ ▶

To post to the discussion, click here:

• M2 Core Values in Action

